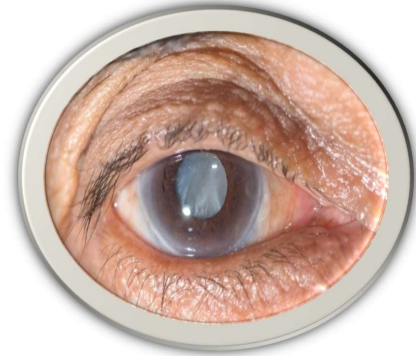




NMS Medicines List - Pharmacy staff guide

Please ensure you have familiarised yourselves with the new categories of drugs that have been added to the NMS as part of the NMS expansion scheme from September 2021. Some of these medications have multiple uses. The pharmacist will discuss with the patient regarding what they are using it for.

Glaucoma



The following are the most common drugs for Glaucoma that you will see being highlighted by the PMR:

- **Acetazolamide**
- **Betaxolol**
- **Bimatoprost (Lumigan)**
- **Brimonidine (Alphagan)**
- **Brinzolamide/Brimonidine (Simbrinza)**
- **Brinzolamide/Timolol (Azarga)**
- **Dorzolamide (Trusopt)**
- **Dorzolamide/Timolol (Cosopt)**
- **Latanoprost**
- **Latanoprost/Timolol (Xalacom)**
- **Levobunolol (Betagan)**
- **Timolol**
- **Timolol and Bimatoprost (Ganfort)**
- **Timolol & Brimonidine (Combigan)**
- **Timolol & Travoprost (DuoTrav)**
- **Travoprost (Travatan)**



Self-help counselling points

- Changes to prevent eyesight loss
 - Use drops correctly and regularly
 - Attend planned eye clinic appointments
 - Sight loss due to glaucoma is not reversible
 - Ensure know about side effects to help them understand risk Vs benefits
 - Talk to eye consultant if problems with eye drops
 - Preservative free eye drops may be an option
 - Inform DVLA
-
- Foods to avoid
 - Caffeine
 - Saturated fats
 - Trans fats
 - Salt

